

February 2017

Call 636-3059— 24 hours in advance
Menu subject to change

AMHERST SENIOR SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Chicken Breast Stuffing Spiced apples Broccoli Ice Cream	31 Breaded Pork Chop Gravy Sweet Potato Cream Cabbage / Dill Oatmeal Cookies	1 Penne Pasta Meatballs Cauliflower, Salad Italian Bread Lemon Bavarian	2 Roast Beef, Gravy Garlic Mash potatoes Mixed Vegetables Apple	3 Baked Fish Creole Sauce Red Potatoes Au Gratin Spinach Dinner Roll Brownie
6 Hamburger with Gravy Potato Wedges Carrots Bun Diced Peaches	7 Chicken Leg w Gravy Sweet Potato Mixed Vegetables Dinner Roll Lemon Ice	8 BBQ Rib Scalloped Potatoes Broccoli Hoagie roll Chocolate Pudding	9 Turkey a la King Mashed Potatoes Peas Biscuit Spice Cake	10 Italian Sausage with Tomato Sauce Pasta California Blend Veggies Banana
13 Omelet w Cheese Sauce, Hash Browns Stewed Tomatoes, muffin Tropical Fruit <u>Alternate</u> Greek Chicken Salad 	14 Valentine Lunch  Lasagna Chef Salad Broccoli Italian Bread Raspberry Sherbet4	15 5 Salisbury Steak w Gravy Au Gratin potatoes Peas Dinner Roll Apple	16 Veal Parmesan Spaghetti, Tomato Sauce Green Beans Cauliflower Tapioca Pudding	17 Presidents' Day Lunch Hot Turkey With Gravy Mashed Potatoes Carrots Apple Pie 
20 Center Closed 	21 Pizza & Chicken Fingers Celery & Carrots Potato Wedges Juice Vanilla Wagers	22 Ham Steak w Pineapple Glaze Scalloped Potatoes Red Cabbage Rice Pudding <u>Alternate</u> 3 Scoop Salad 	23 Breaded Fish Macaroni & Cheese Coleslaw Hamburger Roll Fruit Cocktail	24 Roast Beef w Gravy Mashed Potatoes Green Beans Dinner Roll White Cake
27 Hot Dog on Bun Baked Beans Mixed Vegetables Potato Salad Brownie	28 Turkey Tetrizzini Beets Corn Muffin Orange	1 Baked Fish Mashed Potatoes Broccoli Mini Croissant Diced Pears	2 Chicken Patty on Roll Au Gratin Potatoes Spinach Vanilla Pudding	3 Macaroni/cheese Stewed Tomatoes Green Beans Dinner Roll Mandarin Orange